

The Triple Goddess Womens Retreat

15/3/24- 18/3/24

Ilkley Sunshine Coast

3 glorious nights of fun, healing and unity.

A 3 day journey with womb medicine as we embrace the journey
of woman.....





Have you been looking for ;

- ✓ A way to connect with your feminine self?
- ✓ Womb healing rituals to create healing for your ancestral lineage?
- ✓ Authentic self love processes to allow you to embrace all facets of self?



then now is the time...



WELCOME

here's what you get;



A woman who heals herself, heals her mother, her daughter, her grandmother, and all women everywhere
love Natalie

- ★ Seasons of Woman Workshop as we journey with the triple goddesses - maiden, mother, crone and walk the sacred medicine wheel
- ★ Receive the Sacred Munay-Ki 13th Rite of the Womb., from the Shipibo women of the Amazon and heal the wounds of the womb
- ★ Learn practical instruction to create rituals for self care and self love
- ★ Enjoy sacred plant medicine ceremony's with blue lotus, rose & cacao and herbal elixir journey
- ★ Release wounds of the past with a Sacred Shamanic Cacao & Breathwork journey.
- ★ Gentle aromatherapy massage and healing sessions
- ★ Build connections with other women that will become your tribe for life as you create rituals and ceremonies for daily use together as well as enjoy time out for journaling, reflection and relaxation.
- ★ Luxury accommodation, organic meals and blessed gift pack







WHAT'S ON

- On arrival we will take a moment to settle into the space and its beautiful surrounds with a Powerful sage clearing ceremony upon arrival.
- A gentle and heart opening blue lotus tea ceremony to invite us to let go of the labels we hold and connect with the Seasons of woman - maiden, mother, crone
- Guided mediation and intention setting practices
- Heart & herbal tonic Ritual, to explore how sacred plant medicine can support your inner journey
- Seasons of woman workshop and medicine wheel journey

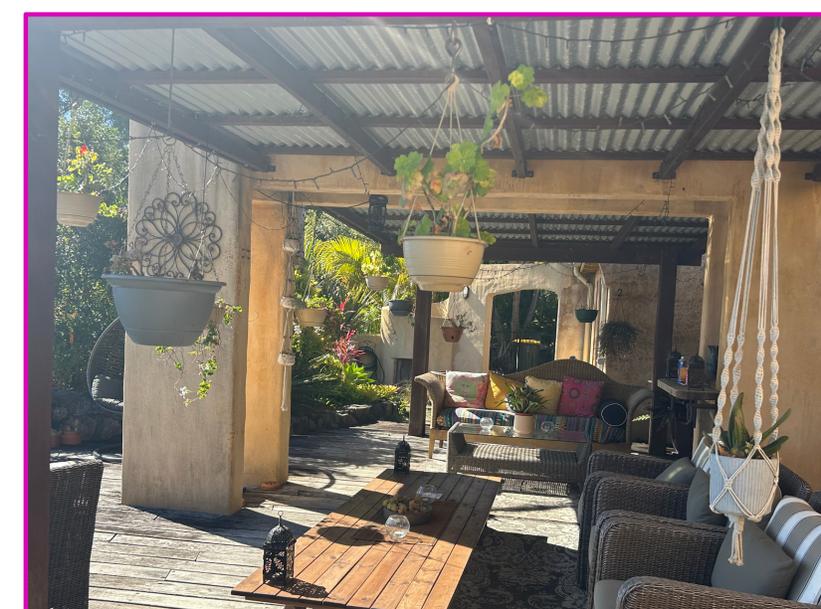
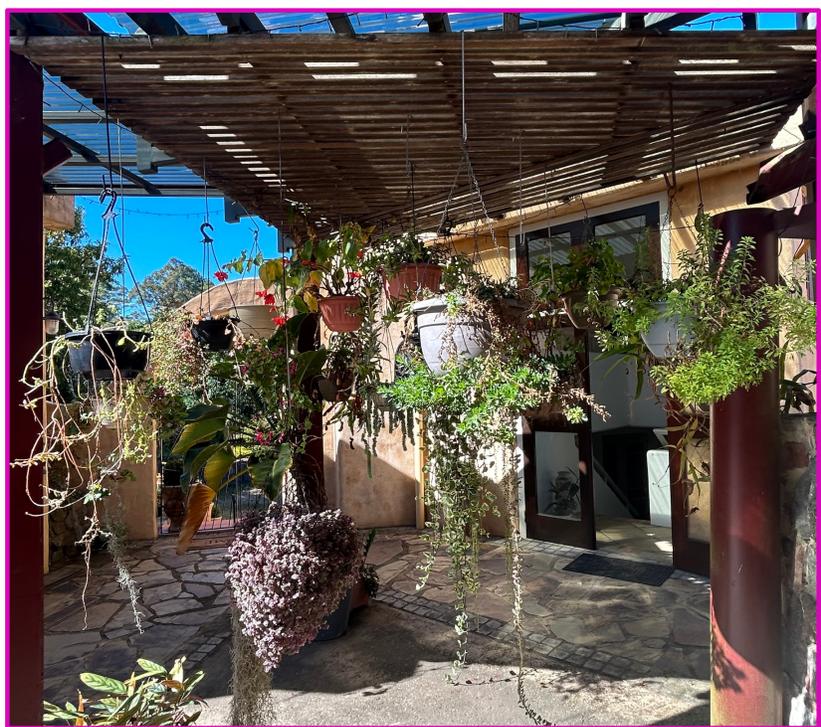


AND SO MUCH MORE.....

- Be nurtured with an aromatherapy massage and "ascension healing session
- Despacho and Fire Ceremony where a bundle of sacred offerings are given to Pachamama to help us manifest our dreams and visions
- Receive a powerful opportunity to be guided through a Triple Goddess Meditation around the open fire.
- Fireside feminine flow movement session with ancient chanting and mantras to activate and find your soul

voice





AND TO COMPLETE OUR TRANSFORMATION

- Heart opening meditation and journaling exercise
- Take some sacred time to enjoy the journey, allow it to integrate and reflect on your expansion
- Receive the Sacred 13th Rite of the womb in a gentle water ceremony
- Self care practice of womb massage and healing
- Rose & Cacao journey with womb breathwork
- Leave with an open heart, a healed womb and feeling connected to the divine feminine within and around you.



I am passionate about journeying women home through the wisdom and power of their womb space, I hope you will allow me to journey you home x Natalie



What's it cost?



*Choose either \$1397 shared room
or

* \$1597 private room (1 room left)

**Arrival – 5pm 15/3/2024

**Departure – 4pm 18/3/2024

Early Bird SAVE \$100 when you register and pay deposit
before 31/12/23

\$197 non refundable deposit secures your spot

If you're ready to take the next step in expanding your spiritual journey
and desire to connect with ancient wisdom over a weekend of
shamanic practices, soul integration and sacred activations, then

let's chat more

x Natalie

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