



Have you been looking for;

A way to expand your spiritual journey safely?
Grounding rituals to take into your everyday life?
An authentic process to allow your soul to evolve naturally?



then take the step onto the shamanic path....



# WELCOME



here's what you get;

Receive the <u>Sacred Munay-Ki 9</u> <u>Rites of initiations</u> and the 13th Rite of the Womb. Handed down by the Ancient Laika Shamans.

✓ Learn practical instruction to administer them to others and participate in daily rituals to work with the 4 directions, sacred archetypes & shamans of many cultures.

 Learn practices for protection, wisdom and power and meditations to journey with your guides and archetype. Release wounds of the past with a Sacred Shamanic Cacao, Breathwork & live sound healing journey.

Build connections with other women that will become your tribe for life as you create rituals and ceremonies for daily use together as well as enjoy time out for journaling, reflection and relaxation.

Luxury accommodation, organic meals and sacred altar gift pack



## WHAT I BELIEVE IN



- Maintaining integrity
- Helping others
- Sharing safe shamanic practices
- Supporting others
- Endorsing Self worth
- Community
- Connection
- Creation

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### DAY ONE A SACRED WELCOME



- On arrival we will take a moment to settle into the space and its beautiful surrounds and hold a very sacred blue lotus flower tea ceremony in circle
- You'll receive an introduction to the Munay Ki Rites and as you are initiated into the first two Rites, you begin your journey to join a group of ordinary men and women who lead extraordinary lives the medicine people of the Laika.
- We'll close out the evening with preparing our Pachamama Sticks



- You'll continue your journey in receiving the Nine Rites (Rites 3,4,5) and as you receive the Rites, your chakras will have the opportunity to become clear and you will acquire what the Earthkeepers know as the Rainbow Body, as your chakras glow with their original radiance.
- Afternoon Despacho and Fire Ceremony where a bundle of offerings are given to Earth.
- Receive a powerful opportunity to be guided through a Fire and Power Animal Meditation

### DAY THREE YOUR EXPANSION CONTINUES

- Continue to receive the Rites (Rites 6 and 7) in natural surroundings, under the ancient trees and by the fire.
- Take some sacred time to enjoy the journey, allow it to integrate and reflect on your expansion
- Receive the Sacred 13th Rite of the womb in a gentle water ceremony
- Finishing the day with a Shamanic Cacao Ceremony and Live Sound Bath and Sharing Circle

### DAY FOUR A SPIRTUAL BLESSING

- You'll continue your journey in receiving the Nine Rites (Rites 8 and 9) and as you receive the Rites, you will feel the presence and sense the wisdom of these luminous ones who have broken out of linear time and now dwell in infinity.
- Afternoon Medicine Wheel Workshop
- Complete the journey with an afternoon fire ceremony









Ilkley Sunshine Coast



3-6th May 2024 Ilkley Sunshine Coast

hat's it cost ?

\* \$2111 shared room

Book here

\*\*Arrival – 9 am on Friday 3rd May\*\*Departure – 4pm Monday 6th May

# \$297 non refundable deposit secures your spot once paid

(recommended you take out travel insurance to cover you for any unavoidable cancellations) CALL Natalie any time for a quick chat 0402 462 804

If you're ready to take the next step in expanding your spiritual journey and desire to connect with ancient wisdom over a weekend of shamanic practices, soul integration and sacred activations, then let's chat more x Natalie

> www.thevibrationalhealer.com.au nataliemcivor@thevibrationalhealer.com.au 0402 462 804



