



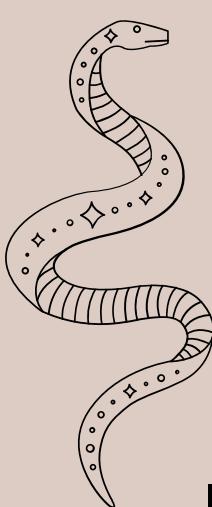
Art of Shamanic Ceremony Retreat

2026 retreats open for registration NOW

Qld, WA, NSW, Vic

This is for the woman who's silently holding it all together...





You've been carrying so much.
Smiling when you feel hollow.
Giving endlessly, and wondering when it will be your turn.
You've done the therapy. The yoga. The books.
And still – something inside whispers:
"I don't feel whole."

This isn't in your head.
It's in your body.
In your womb.
In your lineage.
In your soul.

In the places you haven't been given space to fully
fall apart, release, and rise.

You're not broken. You're ready.

🔥 **This isn't just a retreat. It's a rebirth.**

A time to step into sacred ceremony.

To land in a space where your soul is safe to unravel.

We gather, held by the land and each other,
to remember what the world made us forget.

This is deep healing work for the woman who's ready to stop
surviving and start living from her soul.

In this retreat, you will...

- ★ Be held in shamanic ceremony to release ancestral, womb & cellular trauma
- ★ Experience deep DNA healing, sacred breathwork, and ritual that awakens your body wisdom
- ★ Let go of the stories, the masks, the martyrdom, the "too much-ness"
- ★ Connect with women who see you—not just your wounds, but your medicine
- ★ Walk away clearer, freer, and rooted in your feminine power

You will leave this retreat changed.

Not fixed - soul awakened and purpose remembered.

👉 [more info here](#)



“Will you answer the call of your ancestors?

WELCOME

You don't just receive the Rites, you *become them.*

love Natalie



Retreat Inclusions:

- ★ Receive the Sacred Munay-Ki 9 Rites of initiations and the 13th Rite of the Womb. Handed down by the Ancient Laika Shamans.
- ★ Learn practical instruction to administer them to others and participate in daily rituals to work with the 4 directions, sacred archetypes & shamans of many cultures.
- ★ Learn practices for protection, wisdom and power and meditations to journey with your guides and archetype. Release wounds of the past with a Sacred Shamanic Cacao, Breathwork & live sound healing journey.
- ★ Build connections with other women that will become your tribe for life as you create rituals and ceremonies for daily use together as well as enjoy time out for journaling, reflection and relaxation.
- ★ Luxury accommodation, organic meals and sacred altar gift pack



WHAT YOU WILL LET GO OF

- ***Stories that hold you back***
- ***Fear that keeps you locked into repeating the same mistakes***
- ***Suffering and struggle in all areas of your life***
- ***Physical pain that leaves you crying***
- ***Wounds that never heal***
- ***Relationships that wound you***



DAY ONE A SACRED WELCOME



- On arrival we will take a moment to settle into the space and its beautiful surrounds and hold a very sacred blue lotus flower tea ceremony in circle
- You'll receive an introduction to the Munay Ki Rites and as you are initiated into the first two Rites, you begin your journey to join a group of ordinary men and women who lead extraordinary lives – the medicine people of the Laika.
- We'll close out the evening with preparing our Pachamama Sticks

DAY TWO SAFETY IN SPIRITUAL AWAKENING



- You'll continue your journey in receiving the Nine Rites (Rites 3,4,5) and as you receive the Rites, your chakras will have the opportunity to become clear and you will acquire what the Earthkeepers know as the Rainbow Body, as your chakras glow with their original radiance.
- Afternoon Despacho and Fire Ceremony where a bundle of offerings are given to Earth.
- Receive a powerful opportunity to be guided through a Fire and Power Animal Meditation

DAY THREE YOUR EXPANSION CONTINUES



- Continue to receive the Rites (Rites 6 and 7) in natural surroundings, under the ancient trees and by the fire.
- Take some sacred time to enjoy the journey, allow it to integrate and reflect on your expansion
- Receive the Sacred 13th Rite of the womb in a gentle water ceremony
- Finishing the day with a Shamanic Cacao Ceremony and Live Sound Bath and Sharing Circle

DAY FOUR A SPIRITUAL BLESSING



- You'll continue your journey in receiving the Nine Rites (Rites 8 and 9) and as you receive the Rites, you will feel the presence and sense the wisdom of these luminous ones who have broken out of linear time and now dwell in infinity.
- Afternoon Medicine Wheel Workshop
- Complete the journey with an afternoon fire ceremony

Dates & Locations:



1st - 4 May 2026. Sunshine Coast QLD

8-11th May 2026, Hunter Valley NSW

5-8th June 2026, Wildwood Vic

18-21st September 2026, York WA

23-26th October 2026, Hervey Bay Qld

Pricing:

*\$2297 shared room *2697 private room

SAVE \$200

Book by 31/12/2025 for early bird pricing

or Save \$300

when paid in full upon registration

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Next Steps:

**A \$297* deposit
secures your spot**

(*retreat payments are non-refundable, in unlikely event you are unable to join us,
a transfer may be possible as per retreat T & C)

**Arrival – 9 am on Friday
**Departure – 4pm Monday

Got Questions?

If you're ready to take the next step in expanding your spiritual journey and desire to connect with ancient wisdom over a weekend of shamanic practices, soul integration and sacred activations, then let's chat more
x Natalie

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